

LOLA

RELEASED: Aug 2017
Leutesdorf-Dance-Weekend

CHOREO: Ilona & Stefan Lankuttis
ADDRESS: Am Schifferstück 71, 65479 Raunheim, Germany
PHONE: +49 - 6142-8339392 **WEBSITE:** www.ilona-lankuttis.de
E-MAIL: Ilona.Lankuttis@ecta.de
MUSIC: CD: Boris Myagkov Big Band, The Standard Collection, Casa Musica, adjust speed for comfort
RHYTHM: Tango
PHASE (+): IV+2 (prog link, open promenade)+(optional closed Promenade will make it PH V)
FOOTWORK: Opposite unless indicated (W's footwork in parentheses)
SEQUENCE: **INTRO A B C A B C-MOD D END**

MEAS. INTRO

1-4 **WAIT 2;; PROG LINK & FWD; THRU FC CLOSE; (optional PROG LINK; CL PROMENADE;)**
(1-2) In CP DLW wait 2 meas;;
(3 QQS) Fwd L, rotate body RF small sd & bk R, fwd L,- (W- bk R, sm trng RF small sd & bk L to SEMI, fwd R,-);
(4 QQS) Thru R, sd & fwd L, cl R to L,- (W- thru L, sd & bk R trng LF to CP, cl L to R,-);

PART A

1-4 **CURVE WK 2; FWD RK 3; BK CURVE WK 2; BK RK 3;**
(1 SS) Fwd L curving LF,-, fwd R curving LF to CP DLC,-(W- bk R, -, curving LF bk L, -);
(2 QQS) Rk fwd L, rec R, rk fwd L,- (W- rk bk R, rec L, rk bk R,-);
(3 SS) Bk R curving LF,-, bk L curving LF,- (W- fwd L curving LF,-, fwd R,-);
(4 QQS) Rk bk R, rec L, bk R,- (W- rk fwd L, rec R, rk fwd L,-); to CP DLW

5-8 **TANGO DRAW; FWD R LUNGE; BK RK 3; CLOSED FIN DLC;**
(5 QQS) Fwd L slght trn LF, sd & fwd R, draw L to R w/no weight,-;
(6 SS) Fwd L,-, fwd R soft knee right lunge DLW, -;
(7 QQS) Rec bk L, rk fwd R, rk bk L, -;
(8 QQS) Bk R trn LF to cp, sd & fwd L point DLW body trn LF, cl R to L fc DLW, -;

9-12 **REVERS TURN; CLOSED FINISH & TAP; DOBLE CRUZ;;**
(9 QQS) Fwd L trn LF, sd & bk R cont LF trn, bk L, - (W- bk R trng LF, cl L to R continuing heel trn, fwd R between Ms feet, -);
(10 QQ&S) Bk R trn LF, sd & fwd L/cl R, Tap L twds LOD in SCP, -(W- fwd L trng LF, sd R/cl L, Tap R twds LOD in SCP -);
(11 SQQ) Fwd L, -, thru R, sd L to CP;
(12 QQQQ) XRib of L, Ronde L, XLib of R, bk R(W- XLib of R, Ronde R, XRib of L trng LF to fc REV, fwd L) to BJO fc DLW;

PART B

1-4 **SLOW OCHOS;; BK RK 3; CLOSED FIN;**
(1 SS) Bk L, -, XRif of L w/no weight, - (W- fwd R swivel RF on ball of R ft collecting L, -, -);
(2 SS) Fwd R, -, touch L to R no weight leading W to swivel to BJO, - (W- fwd L swivel LF on ball of L ft collecting R, -, -);
(3 QQS) Bk L, rec R, bk L, - (W- fwd R, rec L, fwd L, -);
(4 QQS) Bk R trng LF, sd & fwd L, cl R to L in CP DLC, - (W- fwd L trng LF, sd & bk R, cl L to R);

5-8 OP REV TURN CLOSED FIN;; PROG LINK; OP PROMENADE;
 (5-6 QQS) Fwd L trng LF, sd & bk R cont trng LF, bk L to BJO fc DRC, - (W- bk R trng LF, sd & fwd L cont LF trn, fwd R to BJO,-); repeat meas 4 of Part B;
 (7 QQ) Fwd L, rotate body RF small sd & bk R to SCP (W- bk R trng RF, sm sd & bk L to SCP),
 (8 S QQS) Sd & fwd L, -; thru R, sd & fwd L, fwd R outsd partner, - (W- sd & fwd R, -; thru L, trng LF sd & bk R, bk L outsd partner in BJO, -);

9-12 SLOW OCHOS;; BK RK 3; CLOSED FIN;
 (9-12) Repeat meas 1-4 of Part B;;;;

13-14 OP REV TURN CLOSED FIN;;
 (13-14) Repeat meas 5-6 of Part B;;

PART C

1-4 CURVE WK 2; PROG LINK & FWD; THRU to L WHISK; UNWIND IN 4 FC REV;
 (1) Repeat meas 1 of Part A;
 (2) Repeat meas 3 of Intro;
 (3 QQS) Thru R, ldg W to trn LF fwd L, XRib, - (W- thru L, trng body LF sd R, XLib optional flick w/R, -);
 (4 QQQQ) Unwind trng RF,,, take full weight on R CP REV (W- fwd R, fwd L, fwd R, fwd L to CP REV);

5-8 GAUCHO TRN 4 (WALL); PROG LINK & FWD; MANUVER PIVOT 2; BK RK 3;
 (5 QQQQ) start LF trn fwd L, bk R cont trn, cont trn fwd L, rec R WALL (Woman bk R, fwd L cont trn, bk R, fwd L,);
 (6) Repeat meas 3 of Intro;
 (7 QQS) Thru R trng RF to CP RLOD, pivot ½ RF L, R, - (W- thru L to CP LOD, pivot ½ RF fwd R between M ft, bk L, -);
 (8 QQS) Bk L, rec R, bk L, - (W- fwd R, rec L, fwd R, -);

9-10 CLOSED FIN; CORTE REC;
 (9) Repeat meas 6 of Part B;
 (10 SS) Step bk & sd L, -, rec R, -;

PART C - MOD

1-4 CURVE WK 2; PROG LINK & FWD; THRU to L WHISK; UNWIND IN 4 FC REV;
 (1-4) Repeat meas 1-4 of Part C;;;;

5-8 GAUCHO TRN 4 (LOD); FWD STAIRS 4; VIENNESE TURNS 2X;;
 (5) Repeat meas 5 of Part C;
 (6 QQQQ) Fwd L, cl R, sd L, cl R (W- bk R, cl L, sd R, cl L);
 (7 QQ&QQ&) Fwd L trng LF, sd & bk R swiveling on R XLlf of R, bk R trng LF, sd & fwd L cont trng trn/cl R in CP fc Line of progression; (W- bk R trng LF, sd & fwd L cont trn/cl R, fwd L trng LF, sd & bk R swiveling R XLlf of R in CP M fc LOP);
 (8) Repeat meas 7 of Part C – Mod;

9-16 REPEAT MEAS 1-8 of PART C-MOD;;; ;;;

PART D

1-4 CURVE WK 2; FWD RK 3; BK CURVE WK 2; BK RK 3;
(1-4) Repeat meas 1-4 of Part A;;;

5-7 SD CORTE & REC; FWD STAIRS 4; SD CORTE & REC;
(5 SS) Sd L lower on supporting leg, -, rec R touch L to R, -;
(6) Repeat meas 6 of Part C –Mod;
(7) Repeat meas 5 of Part D;

END

1-4 OP REV TURN CLOSED FIN;; FWD R LUNGE; REC LADY LEG CRAWL;
(1-2) Repeat meas 5-6 of Part B;;
(3) Repeat meas 6 of Part A;
(4) Rec bk L, - keep R leg extended, - (W- rec R lift L leg up along M`s outer thigh with toe pointed to floor, -);