

CONTIGO BOLERO

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MUSIC: CD: Romances by Luis Miguel, adjust speed for comfort
RHYTHM: Bolero Version 1.4 Revised
PHASE (+): III+2 (Cross Body, Turning Basic)
FOOTWORK: Opposite unless indicated (W's footwork in parentheses)
SEQUENCE: Intro, A B C B C B END

MEAS.

INTRODUCTION

1-4

WAIT;; UNWIND TO FACE; STEP SIDE RAISE ARMS TO BFLY;

(In bk/bk pos with Man's R ft hooked behind standing ft, Woman's L ft) wait 2 meas;;
Slowly unwind on R toe & L heel RF to fc part arms low; step R - slowly raise arms to bfly;

5-8

NY 2X;; HIP LIFT 2 X;;

Sd L w/body rise,-, thru R to fc LOD, bk L to fc ptr;
Sd R w/body rise,-, thru L to fc RLOD, bk R to fc ptr;
Sd L,-, draw R to L & with sl pressure to R toe straighten R knee, relax R knee;
Sd R,-, draw L to R & with sl pressure to L toe straighten L knee, relax L knee;

PART A

1-4

FENCE LINE W/ARM SWEEP; REV U/A TRN TO ½ OP LOD; BOL WKS TO BFLY;;

Sd L w/body rise sweeping trailing arms up & over, -, X lunge thru R lowering
(W X lunge thru L), bk L to fc;
Sd R w/body rise raising jnd ld hnds, -, XLIF lowering, bk R (W: Sd L w/body rise comm LF
trn under jnd hnds, -, XRIF lowering cont trn, fwd L comp LF trn) blend to ½ OP LOD;
Fwd L w/body rise, -, fwd R, fwd L; Fwd R w/body rise, -, fwd L with slipping action, back
right to fc ptr;

5-7

BASIC;; SLOW RK SD & REC TO HNDSHK;

side L w/body rise,-, back R with slipping action, fwd L; side R w/body rise,-, fwd
L with slipping action, back R;
Slow sd L,-rec R blend to HNDSHK;

PART B

1-4 **U/A TRN TO; LARIAT 1/2 (M HEADLOOP & TRN TO FC COH); FENCE LINE W/ARM SWEEP; NY;**

Sd L w/body rise leading W to trn RF undr jnd R hnds,-, XRIB of L lowering, fwd L (W: sd R w/body rise comm RF trn undr jnd R hnds,-, XLIF of R lowering and cont RF trn, fwd R to M's R sd);
XRIB of L continue RF trn,-while looping R arm over M's head, fwd L, sm step sd R (W: circle CW around M fwd L,-, fwd R, fwd L to fc ptr);
REPEAT MEAS 1 PART A;
REPEAT MEAS 2 INTRODUCTION;

5-8 **NY; HIP LIFT; CROSS BODY; FWD BREAK;**

REPEAT MEAS 1 INTRODUCTION;
REPEAT MEAS 4 INTRODUCTION;
Sd & bk L trng LF, -, bk R w/slipping action, fwd L cont trn (W: sd & fwd R, -, fwd L XIF of M trng LF, sm step sd R) op fcg fc WALL;
Sd R w/body rise,-, fwd L in contra ck like action lowering, bk R (W: sd L with body rise,-, bk R in contra ck like action lowering, fwd R);

PART C

1-4 **START TRNG BASIC; FIN W/LUNGE BREAK; U/A TRN; BK BREAK TO 1/2 OP RLOD;**

Sd L w/ RF upper bdy trn, -, bk R trng 1/4 LF, sd & fwd L trng 1/4 LF (W: sd R w/ RF upper bdy trn, -, fwd L trng 1/4 LF w/ slip action, sd & bk R trng 1/4 LF) to LOP-FCG COH;
Sd & fwd R, -, lower on L, rise on R (W: sd & bk L, -, bk R, fwd L) to loose CP COH;
Sd L w/body rise leading W to trn RF undr jnd lead hnds,-,
XRIB of L lowering, fwd L (W: sd R w/body rise comm RF trn undr jnd lead hnds,-, XLIF of R lowering and cont RF trn, fwd R to fc ptr);
Sd R,-, bk L trng LF to 1/2 OP RLOD w/ free arms out to side, fwd R;

5-8 **M ROLL ACROSS; W ROLL ACROSS; SPOT TRN; FENCE LINE W/ARM SWEEP;**

Fwd L rise, -, fwd R twd DLW across W trng RF, bk L cont trn to fc RLOD (W: fwd R rise, -, fwd L, fwd R) to 1/2 LOP RLOD;
Fwd R rise, -, fwd L, fwd R (W: fwd L rise, -, fwd R fwd DLW across M trng RF, bk L cont trn to fc RLOD) to L 1/2 OP RLOD;
Sd L,-, XRIF of L trn 1/2 LF, fwd cont trn to fc ptr;
Sd R w/body rise sweeping trailing arms up & over, -, X lunge thru L lowering (W X lunge thru R), bk R to fc;

9-16 **REPEAT PART C;:::;;:**

END

1-4

U/A TRN; HIP LIFT; DIP BK & TWIST - W LEG CRAWL; HOLD;

REPEAT MEAS 3 PART C;

REPEAT MEAS 8 INTRODUCTION;

Bk L & twist w/slight LF rotation leaving R leg extended,-, lead W to leg crawl, (W: fwd R & twist w/slight LF rotation, -, quickly raise L leg along outside of M's extended R leg with toes pointed down);both extend L arms out & hold;

Short Cues

INTRO

(BK TO BK POSITION, R FT hooked bhd L)

WAIT;; UNWIND to FACE;STEP SIDE RAISE ARMS TO BFLY;

NY 2X;; HIP LIFT 2 X;;

PART A

FENCE LINE W/ARM SWEEP; REV U/A TRN to OP; BOL WKS TO BFLY;;

BASIC;; SLOW RK SD & REC TO HND SHK;

PART B

U/A TRN TO; LARIAT 1/2 (M HEADLOOP & TRN TO FC COH); FENCE LINE W/ARM SWEEP;NY;

NY; HIP LIFT; CROSS BODY; FWD BREAK;

PART C

START TRNG BASIC; FINISH W/LUNGE BREAK; U/A TRN; BK BREAK TO 1/2 OP RLOD;

M ROLL ACROSS; W ROLL ACROSS; SPOT TRN; FENCE LINE W/ARM SWEEP;

REPEAT PART C;;;;;; M fc WALL

REPEAT B

REPEAT C 2x

REPEAT B

END

U/A TRN; HIP LIFT; DIP BK & TWIST - W LEG CRAWL; HOLD;